

Sat. Nov 8—Tentative Schedule

(Schedule Content subject to change based on enrollment needs)

6:00am – 6:30am

Check-in/Registration

6:30am - 6:50am

On-ice warm-up with Paul Wylie

7:00am-8:00am

Jumps (on-ice) / **1 Credit**

8:00am-8:15am ice cut

8:15am - 9:15am

Jumps Part II, Spins / **1 Credit**

9:15 - 9:30 Break

9:30am-10:20am

Spins Part II / Jump Exercises / Skating Skills

1 Credit

10:30am-11:30am

Off-Ice Rotation / **1 Credit**

11:40am-12:20pm (on-ice)

Artistry, Presentation, Final Photo-Op

12:30pm

Lunch and Coaches Rap Session

With Mary & Evy Scotvold / **1 Credit**

The coaches may earn up to 5 PSA Credits

For attending the Workshop.

Written Exams for BA & Sports Science Exams are available. Applications must be to PSA office by November 1.

FEATURING...

Mary and Evy Scotvold US Figure Skating Hall of Fame members, Evy and Mary Scotvold have coached champion skaters to the Olympic Games for the last thirty years, including Olympic Silver Medalist and United States Champion, Nancy Kerrigan and Olympic Silver Medalist, Paul Wylie. Famous for the dynamic combination of technical brilliance and artistic passion, this couple has long served among the world's elite figure skating coaches. They were among the earliest faculty for the Professional Skaters Association, sharing their technical and artistic insight with several generations of coaches. Mary is a former United States Novice Ladies Champion and pupil of the late Gustav Lussi and Evy parlayed early competitive success into a professional career with the Ice Follies. Both have coached skaters and conducted seminars all over the world. Evy and Mary have recently re-located to Jacksonville, FL from their long-time home on Cape Cod.

We are thrilled to welcome Evy and Mary Scotvold to the Extreme Ice Center, with this unique opportunity to learn from their expertise and hear their stories, techniques and skill exercises.

Paul Wylie is the 1992 Olympic Silver Medalist and a recent inductee into the US Figure Skating Hall of Fame. A veteran of 15 National Championships, Three World Championships and Two Olympic Games (1988 & 1992), Paul turned professional in 1992. Renowned for his expressive style, skating skills and precise technique, Paul won 12 televised professional events, including the World Professional Championship and three-times the World Challenge of Champions. He participated as a headliner on nine National Tours with *Stars on Ice* and *Champions on Ice*. Along with medal-winning performances in Albertville, his signature programs set to music from *JFK*, *Schindler's List* and *Carmina Burana* are still considered some of the classic performances of his era. Paul is a graduate of Harvard University, having earned a BA (1991) and an MBA (2000). He lives in Charlotte, with his wife Kate and their three children, Hannah, Emma and Caleb, and is currently in residence as a coach here at the Extreme Ice Center.

Private Lessons Available

Mary and Evy Scotvold are available for Private Lessons during their visit. Please see skaters brochure for details.

Workshop fees are as follows:

CFSC Coaches that are current

PSA Members: \$25.00

Non CFSC Coaches:

That are current PSA Members

With 3 registered skaters: \$25.00

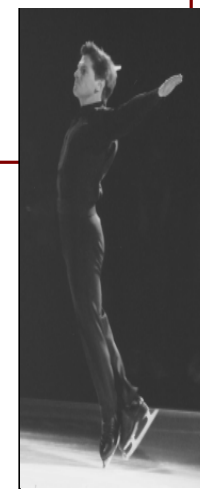
**Non CFSC Coaches/Non PSA Members:
With fewer than 3 skaters—\$50.00**

For more details & to book a private lesson appointment, contact:

Jenny Wesley Gwyn

(704)882-1830 x 208

JennyG@xicenter.com



**Special Coaches rap session with
Mary and Evy Scotvold to follow seminar.**

Mary and Evy Scotvold Seminar

Seminar Registration

Applications DUE by November 1, 2008.

Mail to the Extreme Ice Center, Attn: Jenny Gwyn
4705 Indian Trail-Fairview Rd, Indian Trail, NC 28079

Name: _____

Address: _____

Phone Number: _____

Email: _____

- **CFSC Coaches registered with PSA** \$25_____
- **Non CFSC Coaches registered with PSA with 3 or more skaters** \$25_____
- **Non CFSC Coaches Non PSA Members and/or fewer than 3 skaters** \$50_____

Total Due: _____

Payable: **CAROLINAS FSC**

PSA Written Exams will be offered.

Applications for BA or Sport Science Exams

Must be submitted to PSA office by Nov 1, 2008.

www.skatepsa.com

Questions? Contact: Jenny Wesley Gwyn
jennyg@xicenter.com (704)882-1830 x 208

Host Hotel:

Comfort Inn Matthews, group rate available

PSA Workshop with Olympic Coaches

Mary and Evy Scotvold

*with 1992 Olympic Silver Medalist
Paul Wylie*

Saturday, November 8, 2008

PSA Workshop For Coaches

**Hosted at the Extreme Ice Center
Indian Trail, NC**



On ice and Off ice seminar
(Applications DUE by November 1, 2008)

Extreme Ice Center

4705 Indian Trail-Fairview Rd, Indian Trail, NC 28079

JennyG@xicenter.com



Skating Resident



4705 Indian Trail-Fairview Rd

Indian Trail, NC 28079